



## POLICE DEPARTMENT

1460 Humboldt Road  
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### Public Safety-First Aid Renewal- 8 Hours

Chapters 1-3 Skills; glove removal.

1. **The EMS System**; levels of care/pre-EMS levels of care. Role of the responder, medical direction, accessing EMS
2. **Legal and Ethical Principles of Emergency Care**; advocacy for the ill and injured, confidentiality, Legal aspects of providing care, good Samaritan laws, DNR/Advance directives, consent and/or refusal (AMA).
3. **Wellness and Safety Emergency Responder**; Safety First, minimizing risk, BBP, cleaning up, Stresses of being an emergency responder, managing stress.
4. **Appendix 1**; Blood Pressure monitoring page 185. What is Blood Pressure?

Chapters 4-6 (videos: AHA airway management) Skills; airway-OPA/NPA, assemble O2 and flow delivery devices.

1. **Introduction to Anatomy**; anatomical position, body cavities, respiratory system, circulatory system, musculoskeletal system, nervous system, the skin.
2. **Principles of Lifting, Moving and Positioning**; making the decision to move, emergent vs non-emergent moves, proper body mechanics, importance of good communication.
3. **Common Moves**: recovery position, log roll, extremity lift, chair lift, clothes drag.
4. **Airway management and Rescue**; airway management, an open and clear airway, complete airway, obstruction, partial airway obstruction, managing the airway of the unresponsive person, CPR preview.
5. **Breathing Process**; normal breathing, abnormal breathing, respiratory difficulty, caring for respiratory difficulty. Absent or abnormal breathing, methods for providing rescue breaths, providing rescue breaths.
6. **Appendix 2**: Airway Adjuncts, Suctioning, and Oxygen Therapy

Chapters 7-9 (videos: ASHI bleeding control) Skills; assessment, epi-pen, Narcan, bleeding control.

1. **Principles of Assessment**; illness of injury, signs and symptoms, the assessment, scene size up, primary assessment, secondary assessment, vital signs, reassessment, documentation.
2. **Caring for Medical Emergencies**: illness-related emergencies, caring for specific illnesses, medical conditions-altered mental status, seizures, brain attack, diabetes, chest pain, breathing problems, cold related emergencies, heat related emergencies, poisoning and overdoses, bites and stings, allergic reactions.
3. **Caring for Soft Tissue Injuries and Shock**; bleeding and shock, open wounds, care for open wounds, closed wounds, caring for specific wounds, Impaled objects, open chest injury, open abdominal injury, amputation injury, caring for the amputated part.

Chapters 10-13 (videos; MOI and OB) Skills; splinting, spinal stabilization, childbirth, triage challenge.

1. **Caring for Muscle and Bone Injuries**; injuries to the musculoskeletal system, immobilizing a musculoskeletal injury, a joint and long bone, application of a sling and swathe.
2. **Caring for Injuries to the Head and Spine**; injuries to the head and spine, manual stabilization, mechanism of injury
3. **Multiple-Casualty Incidents**; Page 163
4. **Childbirth**: the anatomy of pregnancy, stages of labor, evaluation the mother, the delivery, complication related to childbirth.
5. **Weapons of Mass Destruction and Terrorist Threat**; Appendix 3; Page 208
6. **FINAL WRITTEN TEST.**