### CITY OF CHICO EMPLOYEES —

# LET'S GET IN SHAPE!

Discounted & published rates for select fitness activities in Chico



260 Cohasset Road (530) 345-9427

#### www.chicosportsclub.com

- ♦ Single \$45/mo.
- ♦ Double \$70/mo.
- Add on dependent 13 and under: \$12/mo
- ♦ Add on dependent 14-25 \$25/mo.
- ♦ Processing Fee \$49
- ◆ 12 Month Prepay: buy 11 mo./get 1 mo. free

## Creed Strength & Fitness, Veteran Operated

671 Walnut St. Ste 3 & 4 (530) 399-0267

#### www.creedstrength.com

- 15% Discount for City employees
- Semi-private gym
- Small group training, 1 on 1 training, conditioning classes
- MWF Strength Training

#### **In Motion Fitness**

1293 E 1st Ave (530) 343-5678

#### www.inmotionfitness.com

- \$0 Startup Fee
- ♦ 1 Year Contract
- 2 Hours free childcare with family membership
- Over 100 Group classes per week: yoga, PIYO, STEP, Cycling, Water Aerobics
- Open 4 AM to Midnight

#### **StandAlone MMA**

845 Cherry Street (530) 893-8392

#### www.standalonemma.com

- Discounted Rate
- Fit2Fight (Fitness Class) \$60/mo.
- Boxing
- \$80/mo.
- Muay Thai Kickbox
- \$99/mo. Il Access

Brazilian Jiu-Jitsu/All Access \$109/mo.

Monthly fees vary based on class type. Sworn Police & Fire staff save 20% on 'All Access' membership.

#### The Core

3870 Benatar Way Suite B (530) 828-2680

#### www.chicocore.com

- Discounted Rate
- Single \$99/month
- Family \$179/month
- Holistic Approach

Trainer included in membership!

#### **Alpha Strong**

977 East Ave (530) 774-8334

#### www.alphastronggym.com

- 20% Discount for City Employees
- Alpha Elite Bootcamp
- ◆ Transformation Facility

Must go through Kathy for discount

#### **Yoga Center of Chico**

250 Vallombrosa (530) 342-0100

#### www.yogacenterofchico.com

- Discounted Rate
- Drop In

\$14/class

5 Class Card

\$65

♦ 10 Class Card

\$110

Classes are purchased in advance. Both employee & family members will draw classes from the employee's account.