

First Aid for Burns

For minor or first degree burns (indicated by red skin) where usually only the first layer of skin is involved.

1. Run cold water over the burn to ease the pain and stop the burn from deepening.
2. Pat the skin dry and cover with a dry, loose bandage so the burn will not be rubbed.
3. If the burn is larger than your hand, call a physician at once.

For a second degree burn (indicated by blisters) or third degree burn (indicated by charred skin) call a doctor at once. If a doctor is not available, cover the area with 6 or 7 layers of sterile gauze or clean material.